



# SHERAZ AHMAD

## HSE MANAGER RCRC APPROVED

Nationality: Pakistani  
Iqama Status: Valid & Transferable

### CAREER OBJECTIVE

My aim and ambitions are to serve an organization with high moral attitude and with great motto to implement my ability and skill in fertile environment and to bring a prospective in my career in future.

To become an integral part of your esteemed organization and deliver excellent results in Safety, Health & Environment at your ongoing projects, to obtain a Responsible position where I can fully utilize my Ten Years Construction experience while making a significant contribution to your Company.

### CONTACT

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#### Mobile:

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#### EMAIL:

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### HOBBIES

- Research
- Achieving Goals
- Learning
- Sharing

### REFERENCE

Reference will be provided on demand.

### PROFFESIONAL QUALIFICATION

- Pro Qual NVQ Level 6 Diploma in Progress
- NEBOSH IG Level-III (UK)
- NEBOSH EMC Level-III (UK)
- OHSMS ISO 45001:2018 Lead Auditor
- EMS ISO 14001:2015 Lead Auditor
- IEMA Certificate in Environmental Management
- IOSH Managing Safely (UK)
- Occupational Safety and Health Manager (OSHA 48 Hrs - USA)
- Master Trainer HiQual UK
- First Aid & CPR

### EDUCATIONAL QUALIFICATION

#### Bachelor of Science in Environmental Engineering

The East Central Degree College Peshawar Pakistan

#### HSE Engineering Diploma

Professional Education & Skill development council

### PERSONEL SKILLS AND COMPETENCIES

- Microsoft office
- Leadership skills
- OSHA Training
- Fall Protection training
- Handling Hazards
- Use of Fire Extinguisher
- Confined Space Training

- Traffic management
- Work Permit Training
- Safe Manual Load Handling
- Scaffolding and Ladders
- Working in Elevated area

## WORK EXPERIENCE (TOTAL 10 YEARS +)

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### Civil Works Company

#### TSE Network Green Riyadh Project

#### Project HSE Manager (April 2024 till now)

#### RESPONSIBILITIES

- Plan, implement, and execute safety management programs
- Observe, audit, and monitor safety on job sites, including personnel, equipment, and materials
- Conduct audits, inspections, and performance reviews to ensure compliance
- Providing guidance to the project management team regarding health and safety issues and ensuring the site complies with all industry, local, state, and federal guidelines
- Evaluation and analysis of previous injury reports based on available data
- Manage and lead inquiries on accidents and injuries
- Conduct research on changes in environmental regulations and policies to ensure compliance
- Conduct training sessions for employees to prevent workplace accidents
- Prepare webinars and meetings to create awareness of health and safety practices
- Identify safety issues, propose solutions, and provide recommendations
- Ensure that all employees work in accordance with the internal policies and procedures, contract documents, and good engineering practices
- Make sure that notification, investigation, and case management of project site injuries and incidents are in collaboration with management
- Assessment of health and safety practices and procedures for risk assessment and adherence to legal requirements
- Maintain employee compliance with safety laws and policies
- Ensure a safe work environment by overseeing the inspection and maintenance of equipment
- Implementing new employee on-boarding processes focused on safety and health management.
- Conduct regular reviews and update procedures to keep abreast of current operations and comply with regulations.
- Maintain a proper record of workers' compensation claims in case of accidents.

**Saudi Arabian Baytur Contracting LLC,  
Cluster J01 KAFD Riyadh  
Snr HSE Engineer (Jan 2020 till Mar 2024)**

#### **RESPONSIBILITIES**

- Provide support to Project and Operation team in all aspects of safety, occupational health, safety and environmental issues.
- Assist with developing HSE plans that comply with Company policies and procedures.
- Arranges training programs on safety measures within the workplace.
- Support the HSE Manager and team with planning, coordinating and implementing of effective HSE policies, guidelines and procedures.
- Receives and acts on reports regarding safety concerns from workers within the construction site/workplace.
- Ensuring Tool Box Talk at site on daily basis.
- Daily/ weekly / Monthly Meeting with HSE staff on Site Issues.
- Daily/Weekly/Monthly reports to internal management & client
- Making & reviewing risk assessments.

**Samsung C&T Corporation,  
Tadawul Tower KAFD Riyadh  
HSE Supervisor (July 2018 to Dec 2019)**

#### **RESPONSIBILITIES**

- Provide support to Project and Operation team in all aspects of safety, occupational health, safety and environmental issues.
- Assist with developing HSE plans that comply with Company policies and procedures.
- Arranges training programs on safety measures within the workplace.
- Support the HSE Manager and team with planning, coordinating and implementing of effective HSE policies, guidelines and procedures.
- Receives and acts on reports regarding safety concerns from workers within the construction site/workplace.
- Ensuring Tool Box Talk at site on daily basis.
- Daily/ weekly / Monthly Meeting with HSE staff on Site Issues.
- Conduct Daily / Weekly / Monthly Inspections with Client.

**Habib Rafiq (pvt) LTD,  
Peshawar Metro Project  
Snr. HSE Officer (April 2014 to Jun 2018)**

#### **RESPONSIBILITIES**

- Carrying out site safety inductions. Identifying staff training requirements.
- Carry out daily site inspection to make sure it is safe for work.
- Enforced mandatory safety standard to eliminate or reduce Occupational Safety and Health Hazard in the work site, and institute new and update existing safety program to ensure safe and healthy working condition.
- Create safety awareness among all employees on the incidents/ accident occurred at the site

- Monthly inspection of all moving equipment, cranes, lifting equipment & gears and maintained certificates and records.
- Inspection of electrical power and actuated tools, firefighting equipment regularly.
- Encouraged adherence to safety rules and procedures
- Took active part in safety toolbox meeting and coordination meeting at all levels.

## PROFFISIONAL MEMBERSHIPS

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- Associate member of IEMA (Cert No: 182240)

## CERTIFICATE OF APPRECIATIONS

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- Certificate of 10 Million Safe Hours from KAFD Project
- Certificate of Appreciation from KAFD Project

## APPROVALS

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- As a Snr HSE Engineer from KAFD Project
- As an HSE Manager from ILF and RCRC Green Riyadh Project