

HAMMAD MUHAMMAD IRSHAD

ASHGHAL APPROVED - 10 YEARS EXPERIENCE

HEALTH SAFETY AND ENVIRONMENT SUPERVISOR

Nationality: Pakistan

Phone Number: +97433395041

Email Address: huk.km92@gmail.com

Date of Birth: January 10, 1992

License: **Qatari LTV**

Objective: Dedicated Health Safety and Environment Supervisor with 10+ years of experience in construction and infrastructure projects in Qatar and Pakistan, holding NEBOSH and multiple Safety certifications. Skilled in implementing safety protocols, conducting risk assessments, and ensuring compliance with international standards. Seeking to leverage my expertise to promote a safe working environment and contribute to the success of a dynamic organization.

Academic Qualification:

- a. Bachelors of Arts, University of Peshawar, KPK, Pakistan
- b. High School, Board of Intermediate and Secondary Education, KPK

Technical Qualification

- a. NEBOSH International General Certificate.
 - b. NVQ LEVEL 6 (In Progress).
 - c. Lifting Supervisor JABAL HIMALYA CONSULTSNCY W.L.L.
 - d. IOSH Working Safely from Austen Projects Solution Doha Qatar.
 - e. IOSH Managing Safely.
 - f. HSE Engineer, One year Diploma from Professional Skill Recognition Board, Islamabad Pakistan.
 - g. IASP Advance Diploma in Occupational Safety & Health, USA.
 - h. Permit To Work Coordinator JABAL HIMALAYA CONSULTANCY W.L.L.
 - i. Authorized Gas Testing (AGT) Certificate by Austen Project Solutions, Doha.
 - j. Authorized Gas Tester (AGT) Certificate by Vibrant Industrial Safety Training Academy.
 - k. Confined Space Rescue JABAL HIMALYA CONSULTSNCY W.L.L.
 - l. Work at Height by Austen Project Solutions, Doha.
 - m. First Aid Training Course HABC level 2 from Austen Projects Solution Doha Qatar.
 - n. Underground Utilities Training Certificate from RIDGID Product Training Program.
 - o. Microsoft Word and Excel.
-

Work Experience:

- a. **Health Safety And Environment Officer**
QD-SBG Construction Company Al Mearad Southwest Of Muaither Package 03
(April 2025-till date)
- b. **Senior Health Safety and Environment Officer**
JEE Construction Company Peshawar Pakistan (January 2023-December 2024)
- c. **Health Safety and Environment Officer**
InfraRoad Trading and Contracting L.L.C (September 2020-October 2022)

Section:

- Road and Infrastructure for Govt. Residential Division of South Wukair.
- Road and Infrastructure in Al Mearad and Southwest Muaither.

d. Health Safety and Environment Officer

QD-SBG Construction Company Dukhan Road Project Khalifa Avenue
(September 2015-July 2020)

e. Health Safety and Environment Officer

Khattak Construction Company (Jan 2014-Sep 2015)

f. Health and Safety Officer

Broadway Solution Deans Trade Center, Peshawar Cantt, Pakistan (Oct 2013-Jan 2014)

Responsibilities:

- To Controlling the Site without LTI by conducting the daily tool box talk and make sure that give the brief talk to all Foreman prior to commence of activities.
- Inspect routine operational activities to identify potential hazards and advise supervisors/ workers the risk factor involved with the particular activity, and the corrective measures to be adopted.
- Report unsafe acts and conditions and initiate corrective actions.
- Conduct and participate in job safety meetings.
- Prepare the PTW for particular work as per company & QCS-2014.
- Ensure that housekeeping is done on a regular basis.
- Necessary steps to eliminate dangers and recurrence.
- Ensure that the wastes generated from the work create minimal hazard to the environment and are Segregated and disposed of as per the procedures.
- Accident incident investigation and reporting.
- Conducting Fire Mock drills, Evacuation Drills etc.,
- Make monthly inspection of moving equipment and fire extinguisher, ladder etc.,
- Inspection of necessary work permit whenever to begin the job.
- Put necessary safety precaution before starting any job.
- Advise the workers for Chemical Hazards and use of proper PPE.
- Closely observation to make sure that first aid welfare facility properly maintained.
- Imparted induction & appropriate trainings for the new comers and all employees.
- Coordination between HSE department and excavation department.
- Conduct risk assessment and take necessary safety precautions before start work.
- My responsibilities were concentrated on handling a full range of safety services from Surveys, safety inspections and fall protection, conducting tool box talks on different topics, and seminars about hazard at constructions.
- Promote safety awareness and loss prevention to all employees of the company audits sub-contractors, through meetings, discussions, posters and safety campaign.
- To arrange the Road diversions signage's.
- Control the speed limit inside the Construction Site which is 5-15 Km/h.
- To prepare the Pedestrian Path way.
- Preparing the hard barricading wherever we required.
- Prepare the PTW for particular work as per company & QCS-2014.
- Prepare the soft barricade around the lifting area.
- To check the third-party certificates for Equipment, Operator/Banks man and Rigger.
- Prepare the signage's around the Lifting area as "lifting is in progress"

- Before excavation should identify the underground Utilities by CAT scanning.
- Where ever Utilities are more we go for manual excavation.

Skills:

- Health and Safety
- MS Office
- Technical Report Writing
- Office Management
- Software and hardware installation
- Excellent Web Browsing
- Email Correspondence
- Efficient verbal and nonverbal communication skills

Languages:

- English – Professional
- Hindi/Urdu – Native
- Arabic - Basic Communication
- Pashto – Mother tongue

Professional Strengths:

- Carrying out post incident analysis.
- Establishing workplace safety and health committees.
- Knowledge of decontamination procedures.
- Knowledge of good safety practices.
- Developing emergency procedures.
- Ability to maintain effective work relationships with people from all social backgrounds.
- Knowledge of first aid methods and techniques
- Motivated and dedicated HSE Officer with multiple skills
- Have a keen vision and strong observation ability in a professional environment
- Carry out Surveillance at site to spot hazards and risky situations
- Prepare weekly and monthly safety reports
- Possess excellent organizational and management skills
- In-depth knowledge of writing technical documents
- Target oriented and ability to perform tasks within limited period of time.