



Muhammad Usman Ali Arshad

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PROFESSIONAL SUMMARY

Committed Health and Safety Advisor with strong working knowledge of OSHA regulations and well-developed problem solving and critical thinking skills to monitor and respond to safety and security key performance indicators and needs. Manages multiple complex assignments with direct implications to business. Self-driven and excels autonomously and in teams to develop and implement environment, health and safety solutions to support business assets.

SKILLS

- Facilitating Auditions
- Hazardous Materials
- Federal Regulations
- Audit Facilitation
- Test Coordination
- Hydraulic Fracturing
- Personnel Management
- Environmental Management
- Hazard Risk Management
- Inspection Conduction
- Customer Satisfaction
- Good Communication Skills
- Proper Equipment Operation
- Machine Operations
- Workplace Inspections
- Operational Procedures
- Operations Management
- Inspections and Evaluations
- Site Inspection
- Equipment Specifications
- Check Equipment
- Inspection Methods

WORK HISTORY

HSE MANAGER & INSPECTOR AT (PLANT & EQUIPMENT DEP.)

02/2023 to CURRENT

MBL Management (Modern Building Leaders) | RIYADH

- Gathered data, physical samples and photographic evidence of alleged issues.
- Identified discrepancies between use and management directives by evaluating historical documents and current reports.
- Prepared correspondence, reports of inspections or investigations and recommendations for action.
- Completed polished reports outlining findings and corrective action recommendations.
- Recommended legal or administrative action to protect government property.
- Skilled at working independently and collaboratively in a team environment.
- Self-motivated, with a strong sense of personal responsibility.
- Proven ability to learn quickly and adapt to new situations.
- Worked well in a team setting, providing support and guidance.
- Managed time efficiently in order to complete all tasks within deadlines.

- Excellent communication skills, both verbal and written.
- Strengthened communication skills through regular interactions with others.
- Paid attention to detail while completing assignments.
- Identified issues, analyzed information and provided solutions to problems.
- Participated in team projects, demonstrating an ability to work collaboratively and effectively.

HEALTH SAFETY & ENVIRONMENTAL SUPERVISOR *02/2022 to 01/2023*
NAS JOINT VENTURE (Nesma & Partners; Almabani; El Seif) | MAJMA, RIYADH

- Investigated complaints and expediently resolved concerns.
- Compiled reports and provided training courses.
- Investigated incidents affecting health.
- Drove continuous improvement initiatives within environmental health, safety and sanitation areas.
- Investigated incidents, determining root causes and implementing corrective actions.
- Performed safety analyses to evaluate potential risks and develop risk mitigation strategies.
- Developed and implemented safety policies and procedures to promote workplace safety.
- Provided new-employee health and safety orientations and developed materials for presentations.
- Skilled at working independently and collaboratively in a team environment.
- Self-motivated, with a strong sense of personal responsibility.
- Worked effectively in fast-paced environments.
- Managed time efficiently in order to complete all tasks within deadlines.
- Excellent communication skills, both verbal and written.
- Paid attention to detail while completing assignments.
- Developed and maintained courteous and effective working relationships.
- Cultivated interpersonal skills by building positive relationships with others.

HEALTH SAFETY & ENVIRONMENTAL OFFICER *01/2021 to 01/2022*
NAS JOINT VENTURE (Nesma & Partners; Almabani; El Seif) | MAJMA, RIYADH

- Investigated complaints and expediently resolved concerns.
- Compiled reports and provided training courses.
- Investigated incidents affecting health.
- Drove continuous improvement initiatives within environmental health, safety and sanitation areas.
- Conducted safety audits and inspections to identify workplace hazards and deficiencies.
- Investigated incidents, determining root causes and implementing

corrective actions.

- Educated employees on hazardous waste management, emergency response and safe work practices.
- Performed safety analyses to evaluate potential risks and develop risk mitigation strategies.
- Provided new-employee health and safety orientations and developed materials for presentations.
- Identified issues, analyzed information and provided solutions to problems.
- Organized and detail-oriented with a strong work ethic.
- Strengthened communication skills through regular interactions with others.
- Proved successful working within tight deadlines and a fast-paced environment.
- Excellent communication skills, both verbal and written.
- Managed time efficiently in order to complete all tasks within deadlines.

EQUIPMENT SAFETY ENGINEER & ENVIRONMENTAL ENGINEER

12/2018 to 12/2020

Optimum Inspections, Testing & Certifications Services | RIYADH

- Developed and enacted safety and quality control plans.
- Assisted in worksite incident investigations, helping to determine cause and fault to ascertain liability.
- Reviewed production work processes to detect possible safety concerns, drafting corrective measures where appropriate.
- Supported safety inspection, providing information and facilities guidance to OSHA inspectors during walk-throughs.
- Interfaced with medical personnel to maintain optimal worker health standards based on monitorial testing.
- Investigated root causes of accidents, injuries and illnesses related to product usage to develop solutions to minimize or prevent recurrence.
- Performed regular safety hazard assessments to reduce risks and promote positive behaviors.
- Evaluated adequacy of actions taken to correct health inspection violations.
- Recommended procedures for detection, prevention and elimination of product hazards.
- Developed and implemented product testing procedures.
- Developed safe product handling procedures.
- Participated in preparation of product usage and precautionary label instructions.
- Analyzed chemical features to identify potential health hazards.
- Developed industry standards of product safety.
- Drove internal policies on operations and safety to minimize costs and risks by safeguarding property, equipment and employees.

EQUIPMENT SAFETY ENGINEER & ENVIRONMENTAL ENGINEER

11/2017 to 12/2018

Adeptus Inspections, Testing & Certifications EST. | RIYADH

- Developed and enacted safety and quality control plans.
- Assisted in worksite incident investigations, helping to determine cause and fault to ascertain liability.
- Reviewed production work processes to detect possible safety concerns, drafting corrective measures where appropriate.
- Supported safety inspection, providing information and facilities guidance to OSHA inspectors during walk-throughs.
- Drafted guidelines for hazard control programs such as fall protection, electrical safety and air quality guidelines.
- Designed engineering solutions when facilities or equipment failed safety inspection, verifying future compliance with appropriate guidelines.
- Investigated root causes of accidents, injuries and illnesses related to product usage to develop solutions to minimize or prevent recurrence.
- Performed regular safety hazard assessments to reduce risks and promote positive behaviors.
- Recommended procedures for detection, prevention and elimination of product hazards.
- Developed and implemented product testing procedures.
- Oversaw manufacturing processes that adhered to product safety standards.
- Conducted research to evaluate product safety levels.
- Developed industry standards of product safety.
- Developed safe product handling procedures.

HEALTH SAFETY & ENVIRONMENTAL OFFICER

08/2015 to 10/2017

Madaf Trading and Contracting Co. | RIYADH

- Investigated complaints and expediently resolved concerns.
- Compiled reports and provided training courses.
- Investigated incidents affecting health.
- Drove continuous improvement initiatives within environmental health, safety and sanitation areas.
- Monitored workplace activities to determine compliance with safety regulations and standards.
- Conducted safety audits and inspections to identify workplace hazards and deficiencies.
- Investigated incidents, determining root causes and implementing corrective actions.
- Educated employees on hazardous waste management, emergency response and safe work practices.
- Developed and implemented safety policies and procedures to promote workplace safety.
- Self-motivated, with a strong sense of personal responsibility.
- Worked well in a team setting, providing support and guidance.
- Worked effectively in fast-paced environments.
- Excellent communication skills, both verbal and written.
- Participated in team projects, demonstrating an ability to work

collaboratively and effectively.

AUDIT OFFICER

09/2013 to 07/2015

Allah Concerns Educational Network (Pvt.) Ltd | Okara Punjab Pakistan

- Conducted strategic and technical reviews to verify compliance with quality control standards, schedule constraints and budget parameters.
- Trained and mentored department staff on policies and procedures to establish strong foundation for client development and service activities.
- Developed high-level knowledge of client business goals, policies and procedures to establish foundation for targeted problem solutions.
- Participated in billing and collections operations to facilitate client payment of overdue invoices.
- Analyzed complex client problems and generated targeted solutions that resolved outstanding issues while enhancing client business positions.
- Prepared working papers, reports and supporting documentation for audit findings.
- Identified legal tax savings and recommended ways to improve profits.

EDUCATION

Post Graduate Diploma | Mechanical Engineering

01/2021

Institute of Technical & Professional Education, Rawalpindi Pakistan

Post Graduate Diploma | Environmental Management

01/2020

Institute of Technical & Professional Education, Rawalpindi Pakistan

NEBOSH IGC | International General Certificate in Occupational Health and Safety

04/2022

Institute of The National Examination Board in Occupational Safety and Health

NVQ LEVEL 6 | Pro Qual Level 6 NVQ Diploma in Occupational Health and Safety Practice (ON GOING)

07/2025

Pro Qual AB Ltd. Accredited by Of Qual

MBA | Master Business Administration

11/2016

Punjab University, Lahore Pakistan

Bachelor of Science | Business Administration

10/2012

University Of Punjab, Lahore Pakistan

Associate of Science | Science Group

01/2009

Govt. Degree College, Okara Punjab Pakistan

Associate of Science | Science Group

08/2006

Govt. Islamia High School, Okara Punjab Pakistan

CERTIFICATIONS

- IOSH Managing safety, IOSH - 08-MAY-2018
- Train The Trainee, AOSH - 09-JUN-2023
- Scaffold Inspector, AOSH – 07-DEC-2024
- Hazardous waste Operation Management (HAZWOPERM)
- ISO 9001:2015 Lead Auditor, BSCIC - 03-JAN-2019
- CPR, AED, and First Aid Certifications, NHCPS - 25-JUL-2023

- **Information Technology, NFCC** - 10-SEP-2011
- **I.T Workshops, The Limit Collage** - 19-APR-2013
- **Rigger Level 1 - Optimum Services** - 19-APR-2023
- **Scaffold Inspector - Optimum Services** - 19-APR-2023
- **Equipment & Safety Inspector - Adeptus Certifications** - 12-MAY-2018
- **Aramco Approval Certification** at 2019
- **Construction Safety & Health 30 HR - OSHA ACADEMY** - 25-FEB-2017
- **Construction Safety & Health Manager 48 HR - OSHA ACADEMY** - 29-JUL-2023
- **Appreciation Certificate - RMTC PROJECT** - 27-SEP-2018
- **Appreciation Certificate - KFAA PROJECT** - 15-MAR-2022
- **Appreciation Certificate - KFAA PROJECT** - 04-FEB-2023
- **Appreciation Certificate - KSP PROJECT** - 06-JUN-2023
- **Appreciation Certificate - KSP PROJECT** - 06-JUN-2024
- **Character Certification - Punjab Collage** - 02-JUN-2011
- **Character Certification - Govt. High School** - 17-AUG-2006

PLAYING CRICKET,
FOOTBALL,
READING BOOKS,
SWIMMING

I like to play and read the books

LANGUAGES

Urdu: Native language

Arabic:  B2
Upper intermediate

English:  C2
Proficient

ADDITIONAL
INFORMATION

Date Of Birth: 12-MAY-1990
Father Name: Muhammad Arshad
Passport No: GL1805593
Marital Status: SINGLE
Iqama No: 2448566485 (Transferable)
Nationality: Pakistani
Reference: Details Available on Request
Domicile: Punjab Pakistan