

Muhammad Usman

HSE Manager

 enggrusmankhan44@gmail.com  966 59 2284904  Jeddah Saudi Arabia

PROFILE

I am a dedicated and highly experienced professional with over 8 years of experience in Health, Safety and Environment field. Throughout my career, I have demonstrated a strong commitment to ensuring the well-being of individuals and organizations by implementing robust safety measures and promoting environmental sustainability. My proven track record includes successful management of Health, safety and Environmental programs, risk assessments, and security protocols. I am passionate about creating safer and healthier environments and look forward to contributing my extensive knowledge to your organization's success.

PROFESSIONAL EXPERIENCE

Project HSE Manager 10/2023 – till Present
Saud Alsaadi & Partners Co. General Contracting & Trading (SPC) Jeddah, KSA

Roles and Responsibilities:

1. **Safety Compliance:** Ensure strict adherence to all relevant safety regulations, standards, and company policies.
2. **Risk Assessment:** Identify, assess, and mitigate potential safety hazards in the workplace.
3. **Safety Inspections:** Conduct regular inspections and audits to evaluate workplace safety conditions and report findings.
4. **Safety Training:** Develop and deliver safety training programs to educate employees on safe work practices.
5. **Incident Investigation:** Investigate workplace incidents, accidents, and near-misses to determine root causes and implement corrective actions.
6. **Emergency Response:** Establish and implement emergency response plans and procedures for various scenarios.
7. **Safety Documentation:** Maintain accurate safety records, incident reports, and safety-related documentation.
8. **Safety Equipment:** Ensure the availability and proper maintenance of safety equipment and personal protective gear.
9. **Safety Meetings:** Organize and lead safety meetings to communicate safety updates and address concerns.
10. **Environmental Compliance:** Monitor and ensure compliance with environmental regulations and sustainability initiatives.
11. **Safety Culture:** Promote a strong safety culture within the organization by fostering a sense of responsibility among all employees.
12. **Hazardous Materials:** Manage the safe handling, storage, and disposal of hazardous materials.
13. **Safety Improvement:** Identify areas for safety improvement and work with teams to implement safety-enhancing measures.
14. **Safety Reporting:** Prepare and submit safety reports to management and regulatory agencies as required.
15. **Emergency Drills:** Organize and conduct safety drills to prepare employees for emergency situations.
16. **Safety Communication:** Facilitate effective communication of safety-related information to all levels of the organization.
17. **Regulatory Compliance:** Stay up-to-date with changes in safety and environmental regulations and ensure compliance.
18. **Safety Metrics:** Collect and analyze safety performance metrics to track progress and identify areas needing improvement.

19. **Continuous Improvement:** Continuously seek opportunities for safety enhancement and develop strategies to achieve higher safety standards.
20. **Safety Audits:** Conduct regular safety audits to identify non-compliance issues and recommend corrective actions.
21. **Safety Leadership:** Provide guidance and support to management and employees in achieving safety goals.
22. **Safety Program Development:** Contribute to the development and implementation of safety policies, programs, and initiatives.
23. **Emergency Response Planning:** Develop and test emergency response plans to ensure the organization's readiness for various emergencies.
24. **Safety Investigations:** Lead investigations into safety incidents and near-misses, documenting findings and recommending preventive measures.
25. **Safety Culture Promotion:** Promote a proactive safety culture, encouraging employee involvement and reporting of safety concerns.
26. **Safety Reporting Systems:** Implement and manage safety reporting systems to track incidents and identify trends for improvement.

HSE Engineer
Future Horizons

06/2023 to 10/2023
Riyadh, KSA

Roles and Responsibilities:

1. **Safety Compliance:** Ensure strict adherence to all relevant safety regulations, standards, and company policies.
2. **Risk Assessment:** Identify, assess, and mitigate potential safety hazards in the workplace.
3. **Safety Inspections:** Conduct regular inspections and audits to evaluate workplace safety conditions and report findings.
4. **Safety Training:** Develop and deliver safety training programs to educate employees on safe work practices.
5. **Incident Investigation:** Investigate workplace incidents, accidents, and near-misses to determine root causes and implement corrective actions.
6. **Emergency Response:** Establish and implement emergency response plans and procedures for various scenarios.
7. **Safety Documentation:** Maintain accurate safety records, incident reports, and safety-related documentation.
8. **Safety Equipment:** Ensure the availability and proper maintenance of safety equipment and personal protective gear.
9. **Safety Meetings:** Organize and lead safety meetings to communicate safety updates and address concerns.
10. **Environmental Compliance:** Monitor and ensure compliance with environmental regulations and sustainability initiatives.
11. **Safety Culture:** Promote a strong safety culture within the organization by fostering a sense of responsibility among all employees.
12. **Hazardous Materials:** Manage the safe handling, storage, and disposal of hazardous materials.
13. **Safety Improvement:** Identify areas for safety improvement and work with teams to implement safety-enhancing measures.
14. **Safety Reporting:** Prepare and submit safety reports to management and regulatory agencies as required.
15. **Emergency Drills:** Organize and conduct safety drills to prepare employees for emergency situations.
16. **Safety Communication:** Facilitate effective communication of safety-related information to all levels of the organization.
17. **Regulatory Compliance:** Stay up-to-date with changes in safety and environmental regulations and ensure compliance.
18. **Safety Metrics:** Collect and analyze safety performance metrics to track progress and identify areas needing improvement.
19. **Continuous Improvement:** Continuously seek opportunities for safety enhancement and

develop strategies to achieve higher safety standards.

20. ****Safety Audits:**** Conduct regular safety audits to identify non-compliance issues and recommend corrective actions.
21. ****Safety Leadership:**** Provide guidance and support to management and employees in achieving safety goals.
22. ****Safety Program Development:**** Contribute to the development and implementation of safety policies, programs, and initiatives.
23. ****Emergency Response Planning:**** Develop and test emergency response plans to ensure the organization's readiness for various emergencies.
24. ****Safety Investigations:**** Lead investigations into safety incidents and near-misses, documenting findings and recommending preventive measures.
25. ****Safety Culture Promotion:**** Promote a proactive safety culture, encouraging employee involvement and reporting of safety concerns.
26. ****Safety Reporting Systems:**** Implement and manage safety reporting systems to track incidents and identify trends for improvement.

HSE Regional Supervisor
Built Contracting Company

08/2019 – 06/2023
Riyadh, KSA

****Roles and Responsibilities:****

1. ****Safety Compliance:**** Ensure strict adherence to all applicable safety regulations, standards, and company policies.
2. ****Safety Audits:**** Conduct regular safety audits and inspections to identify potential hazards and non-compliance issues.
3. ****Risk Assessment:**** Assess workplace risks and implement measures to minimize or eliminate hazards.
4. ****Safety Training:**** Develop and deliver safety training programs for employees, including orientation, refresher courses, and specialized training.
5. ****Incident Investigation:**** Lead investigations into workplace incidents, accidents, and near-misses to determine root causes and recommend corrective actions.
6. ****Emergency Response:**** Develop and implement emergency response plans and procedures, conducting drills and exercises for preparedness.
7. ****Safety Documentation:**** Maintain accurate safety records, incident reports, and safety-related documentation in compliance with regulatory requirements.
8. ****Safety Inspections:**** Conduct regular safety inspections to ensure that equipment, machinery, and facilities meet safety standards.
9. ****Personal Protective Equipment (PPE):**** Ensure the availability, proper use, and maintenance of PPE by employees.
10. ****Safety Communication:**** Facilitate effective communication of safety-related information to all levels of the organization.
11. ****Safety Culture:**** Promote and reinforce a strong safety culture within the organization, encouraging employees to prioritize safety.
12. ****Hazardous Materials:**** Manage the safe handling, storage, and disposal of hazardous materials and chemicals.
13. ****Safety Meetings:**** Organize and lead safety meetings and toolbox talks to discuss safety topics and address concerns.
14. ****Safety Reporting Systems:**** Implement and manage safety reporting systems to track incidents, near-misses, and safety improvement initiatives.
15. ****Safety Program Development:**** Contribute to the development and enhancement of safety policies, programs, and initiatives.
16. ****Regulatory Compliance:**** Stay updated with changes in safety and environmental regulations and ensure organizational compliance.
17. ****Safety Leadership:**** Provide guidance and support to management and employees in achieving safety goals.
18. ****Safety Metrics:**** Collect and analyze safety performance metrics to track progress and identify areas needing improvement.

19. **Contractor Safety:** Oversee and enforce safety standards for contractors and subcontractors working on-site.
20. **Safety Equipment Maintenance:** Ensure that safety equipment and firefighting systems are well-maintained and functional.
21. **Safety Training Records:** Maintain records of safety training and certifications for all employees.
22. **Continuous Improvement:** Identify opportunities for safety enhancement and develop strategies to achieve higher safety standards.
23. **Safety Reporting:** Prepare and submit safety reports to management, regulatory agencies, and clients as required.
24. **Safety Program Evaluation:** Regularly evaluate the effectiveness of safety programs and recommend improvements.
25. **Safety Culture Promotion:** Encourage proactive safety behaviors and empower employees to report safety concerns.
26. **Environmental Compliance:** Monitor and ensure compliance with environmental regulations and sustainability initiatives.
27. **Emergency Evacuation Planning:** Develop and coordinate evacuation plans for various emergencies, ensuring employee safety.
28. **Safety Budget Management:** Manage the budget allocated for safety initiatives and programs.

HSE Engineer
Woosun Energy & Construction Co, LTD (KSA)

02/2018 – 08/2019
Riyadh Metro, KSA

Roles and Responsibilities:

1. **Safety Compliance:** Ensure strict adherence to all relevant safety regulations, standards, and company policies.
2. **Risk Assessment:** Identify, assess, and mitigate potential safety hazards in the workplace.
3. **Safety Inspections:** Conduct regular inspections and audits to evaluate workplace safety conditions and report findings.
4. **Safety Training:** Develop and deliver safety training programs to educate employees on safe work practices.
5. **Incident Investigation:** Investigate workplace incidents, accidents, and near-misses to determine root causes and implement corrective actions.
6. **Emergency Response:** Establish and implement emergency response plans and procedures for various scenarios.
7. **Safety Documentation:** Maintain accurate safety records, incident reports, and safety-related documentation.
8. **Safety Equipment:** Ensure the availability and proper maintenance of safety equipment and personal protective gear.
9. **Safety Meetings:** Organize and lead safety meetings to communicate safety updates and address concerns.
10. **Environmental Compliance:** Monitor and ensure compliance with environmental regulations and sustainability initiatives.
11. **Safety Culture:** Promote a strong safety culture within the organization by fostering a sense of responsibility among all employees.
12. **Hazardous Materials:** Manage the safe handling, storage, and disposal of hazardous materials.
13. **Safety Improvement:** Identify areas for safety improvement and work with teams to implement safety-enhancing measures.
14. **Safety Reporting:** Prepare and submit safety reports to management and regulatory agencies as required.
15. **Emergency Drills:** Organize and conduct safety drills to prepare employees for emergency situations.
16. **Safety Communication:** Facilitate effective communication of safety-related information to all levels of the organization.
17. **Regulatory Compliance:** Stay up-to-date with changes in safety and environmental

regulations and ensure compliance.

18. ****Safety Metrics:**** Collect and analyze safety performance metrics to track progress and identify areas needing improvement.
19. ****Continuous Improvement:**** Continuously seek opportunities for safety enhancement and develop strategies to achieve higher safety standards.
20. ****Safety Audits:**** Conduct regular safety audits to identify non-compliance issues and recommend corrective actions.
21. ****Safety Leadership:**** Provide guidance and support to management and employees in achieving safety goals.
22. ****Safety Program Development:**** Contribute to the development and implementation of safety policies, programs, and initiatives.
23. ****Emergency Response Planning:**** Develop and test emergency response plans to ensure the organization's readiness for various emergencies.
24. ****Safety Investigations:**** Lead investigations into safety incidents and near-misses, documenting findings and recommending preventive measures.
25. ****Safety Culture Promotion:**** Promote a proactive safety culture, encouraging employee involvement and reporting of safety concerns.

HSE OFFICER

Riyadh Development Company (RIDCO)

04/2016 – 01/2018

Riyadh, KSA

****Roles and Responsibilities:****

1. ****Safety Compliance:**** Ensure strict adherence to all relevant safety regulations, standards, and company policies.
2. ****Risk Assessment:**** Identify, assess, and mitigate potential safety hazards in the workplace.
3. ****Safety Inspections:**** Conduct regular inspections and audits to evaluate workplace safety conditions and report findings.
4. ****Safety Training:**** Develop and deliver safety training programs to educate employees on safe work practices.
5. ****Incident Investigation:**** Investigate workplace incidents, accidents, and near-misses to determine root causes and implement corrective actions.
6. ****Emergency Response:**** Establish and implement emergency response plans and procedures for various scenarios.
7. ****Safety Documentation:**** Maintain accurate safety records, incident reports, and safety-related documentation.
8. ****Safety Equipment:**** Ensure the availability and proper maintenance of safety equipment and personal protective gear.
9. ****Safety Meetings:**** Organize and lead safety meetings to communicate safety updates and address concerns.
10. ****Environmental Compliance:**** Monitor and ensure compliance with environmental regulations and sustainability initiatives.
11. ****Safety Culture:**** Promote a strong safety culture within the organization by fostering a sense of responsibility among all employees.
12. ****Hazardous Materials:**** Manage the safe handling, storage, and disposal of hazardous materials.
13. ****Safety Improvement:**** Identify areas for safety improvement and work with teams to implement safety-enhancing measures.
14. ****Safety Reporting:**** Prepare and submit safety reports to management and regulatory agencies as required.
15. ****Emergency Drills:**** Organize and conduct safety drills to prepare employees for emergency situations.
16. ****Safety Communication:**** Facilitate effective communication of safety-related information to all levels of the organization

EDUCATION

BS (Petroleum & Gas Engineer)
BUIEMS University

01/2012 – 01/2016
Quetta, Pakistan

FSc (Pre-Engineering)
Malakand University

01/2008 – 02/2010
Chakdara Pakistan

SKILLS

- ❖ Risk Management
- ❖ Accident investigation
- ❖ Audit & Inspections
- ❖ Team Leading
- ❖ Strong communication and interpersonal skills
- ❖ Attention to details, and proactivity
- ❖ Problem solving orientation
- ❖ Critical thinking
- ❖ Time management
- ❖ Environmental Management
- ❖ Safety Training
- ❖ Policy Development
- ❖ Emergency Response

CERTIFICATES

- ❖ NEBOSH IGC (Level 3)
- ❖ ProQual Level 7 Diploma in Strategic Health and Safety Leadership and Management in progress.
- ❖ IOSH (Managing Safely)
- ❖ OHSMS ISO45001:2018 Lead Auditor Training Course (Course ID:2477 Certified by CQI-IRCA)
- ❖ FIRST AID/CPR
- ❖ BASIC FIRE FIGHTING
- ❖ HS&EE DIPLOMA

AWARDS

Appreciation certification OTCE SAUDI	03/12/2022
Appreciation certification SAUDI PARSONS	23/06/2022
Appreciation certification DAR AL RIYADH	01/06/2023
Appreciation certification BUILT CONTRACTING COMPANY	24/11/2024