

Muhammad Anas Saleem

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(ADNOC Approved)

A self-motivated and qualified HSE professional having rich experience in HSE in oil and gas field and now seeks to utilize acquired skills/ experience to drive initiatives for comprehensive growth.

HSE Lead- Oil & Gas and Petrochemicals

A highly competent, dynamic, & achievement oriented resource working as ADNOC Approved HSE Engineer/Lead offers **12 Years** international experience in the Middle East, largely in areas of safety, with proven track record in leveraging domain expertise in Maintenance , construction & HSE knowledge to frame & implement health, safety, & environmental norms in oil & gas sector to successfully deliver technical solutions to attain goal to complete projects with zero accidents while operating in a challenging environment.

Profile Highlights

Core Competencies



- ☞ **HSE Management:** Verifiable track record in preparing & reviewing HSE plans & tracking implementation of health, safety, & environmental procedures as per latest ADNOC HSE Management System and ISO certification standards & codes including ISO 45001:2018 and OHSAS 18001:2007.
- ☞ **Inspections & Audits:** Demonstrated competency in risk assessments of critical activities and ensure implementation in compliance with contract requirements; conduct regular facility HSE inspections of operating plant & equipment as well as new projects/ modifications under construction, prior to mechanical acceptance & start up; Proven ability to handle equipment inspection and HSE internal & external audits as well as HSE process audits.
- ☞ **Safety Training:** Proficiency to develop HSE training with verifiable track record to prepare management systems for safe work; Implement fire prevention program, fire plan, emergency procedure, evacuation procedure, training, use & types of extinguisher, hose reel.
- ☞ **Team Leader:** Possess well honed relationship building qualities to engage in stakeholder management to accomplish business excellence.
- ☞ **Organizational Experience:** Solution oriented with capability to work under pressure & never miss deadlines; adept in analytical skills to engage in problem solving & provide solutions; Dedicated & committed with complete devotion to develop safety procedures & conduct safety audits, inspections, & accident investigation.

Accreditation/ Training

- ADNOC Onshore Induction and Life Saving Rules By ATA
- H2S Level 2 Training by ATA
- Accident Investigation SCAT Training Program (AI SCAT)
- ADNOC Work Management System (WMS)
- Train The Trainer certification
- Abu Dhabi Occupational Safety and Health Center (OSHAD)
- ISO 45001:2018 Lead Auditor (OHSMS)
- International general certification accredited by NEBOSH, UK
- Successfully Completed OSHAS 18001:2007 Lead Auditor Course
- Completed Basic course on medic and first aid held in Abu Dhabi
- HABC FIRE Safety level 2 UK

Educational Credentials

- Bachelor's Degree in **Chemical Engineering** , **COMSATS INSTITUTE OF INFORMATION TECHNOLOGY**, Lahore, Pakistan (2012) (UAE MOFA Attested)

Professional Experience

DESCON Engineering, Abu Dhabi, UAE (March 2017 onwards)



HSE Lead

Projects and Shutdowns:

Project	Habshan Long Term Maintenance Services (Turnarounds and Projects)
Client	ADNOC GAS Habshan 5 and Sulphur Plant UAE
Project	Habshan Pipe Rack Strengthening Project UAE
Client	ADNOC Gas Habshan and Bab Plant UAE
Project	LEC III Upgradation of Gas Turbine 104 & 106
Client	ADNOC Gas Habshan and Bab / Field Core (GE)
Project	Reinstatement of STH Line and Installation of New Steam Traps and drip Legs Project UAE (Hab-1 Tr-3 Turnaround 2019)
Client	ADNOC Gas Habshan and Bab
Project	Furnace End Tube Sheets Replacement Project BOROUGE EU2/EU3
Client	BOROUGE / Linde Engineering UAE

Key Responsibilities Areas:

- Develop and comprehend Health and Safety Plan, procedures and guidance, in keeping with best practices and make recommendations on their implementation, application and compliance.
- Fully Trained on ADNOC SAP Fiori System for WMS Implementation , FRA/JSA Creation and Incident Management System.
- Develop Plans with ADNOC HSE to fully implementation of WMS KPIs for JPS and PAs.
- Devise, develop and monitor effective Local Policy statements/HSE Plans and Risk Assessments strategies and make recommendations on the implementation of these strategies. e.g. Prepare a Calendar of periodic Risk Assessment Audit across the site facilities and processes , carryout the same as planned.Liaise with concerned execution department for identifying corrections, corrective and preventive actions for zero accident incidences.
- Verify safety precautions stipulated on permits to work, risk assessments and job safety analysis are being implemented.
- Interface with site supervisors on a daily basis to provide proactive technical advice for field activities.
- Provide, or where necessary source, training for staff in relation to Health and Safety policies, practice and procedures.
- Verify safety precautions stipulated on permits to work, risk assessments and job safety analysis are being implemented.
- Verify third party certification for loose lifting gear, pressure vessels, electrical equipment etc., is correctly color coded and being used properly.
- Identify site hazards, non-conformance, corrective and preventive actions and bring them to the immediate attention of site supervision (and record).
- Closely monitor high risk activities; confined space entry gas testing and air monitoring, lifting activities, work at height, movement of abnormal loads etc.

- Identify additional safety training requirements to be delivered to the workforce. Investigate unsafe acts and conditions and provide solutions to prevent recurrences.
- Provide a Daily & weekly & monthly & summary report of field HSE issues and activities including HSE documentation; risk assessments, JSAs, toolbox talks produced, etc.
- Empowered by top management to stop our own work and work related to the contract that deems to be unsafe and take immediate corrective actions as needed.
- Communicate safety rules and standards to the contractor and subcontractor workforce.
- Periodically inspect the work site, report any unsafe acts/conditions to the area supervisor and/or foreman, provide recommendations to correct deficiencies and follow-up to verify corrective actions have been taken.
- Keep a record of safety meetings, including agendas and personnel attendance records.
- Keep a permanent record of job-related injuries/illnesses, near misses, fires, motor vehicle accidents, property damage, crane and heavy equipment incidents, etc.
- Participated in incident investigations, safety meetings, drills, etc., and conduct/facilitate safety training sessions.
- Ensure general safety rules are printed in languages understood by contractor and subcontractor personnel and are posted in areas where they are clearly visible.

Achievements and Appreciations:

- Awarded Best Performer of the Year by Descon engineering UAE in 2022
- Awarded ADNOC GAS HSE Employee of the Month in January 2021
- Achieved 8 million man-hours without any LTI ADNOC GAS Habshan 5 and Sulphur Plant UAE Shutdowns (2020-2023)
- Made noteworthy contribution to ably introduce innovative thinking, creativity and devotion to duty to simplify reporting arrangement for accidents and injuries that helped achieve 1 million man-hours without any LTI at Habshan Pipe Rack Strengthening Project UAE in 2019
- Awarded Appreciation Certificate from Qatar Gas/Chiyoda Almana Engineering
- Awarded Appreciation Certificate from Ras Gas

DESCON Engineering, Qatar (FEB 2016 to Feb 2017)



HSE Engineer- Maintenance

Projects and Shutdowns:

Project	Barzan Onshore Retrofits and Maintenance Projects
Client	Barzan Gas Plant Qatar
Shutdown	Ras Gas shutdown of Train 5 2016 Qatar
Client	Qatar Gas/Chiyoda Almana Engineering, Qatar
Shutdown	Qatar Gas shutdown of Train 6 and 3 2016
Client	Qatar Gas , Qatar

Responsibilities:

- Prepare and maintain safety documents, records & reports as per company safety manual.
- Enlighten the hazards at each site and educate every individual safety steps required for different jobs for e.g. fire prevention, emergency evacuation, heavy lifting, excavation & confined space etc.
- Ensure supervisor in conducting weekly Tool Box Meeting (TBT) and advising supervisor on safety aspect.
- Organize craft wise safety training program and orientation.
- Inspection of lifting tools tackles and 3rd party certificate to be used for heavy and critical lifting.
- Inspection of fire extinguishers and record keeping.
- Implementation of HSE plan.
- Auditing monthly colour code and weekly scaffolding tags.
- Client interaction/communication & HSE audits/ inspections waste management. Ensure before start the job as per Activate all job related document are completed check the job location is safe for working if there have any hazard as per job eliminate immediately from there.
- Compliance of safe work procedures Safe use of scaffolds and ladders mechanical isolation, safe work permits system, entry into confined spaces, etc.
- Develop the good safety culture by motivation, booklets and training.
- Ensure all tools and equipment are approved for specific job.
- Monitor and insure compliance of field work permit system

- Investigation of incident, accident and near miss case and recommending the prevention measures for avoiding the re-occurrence.
- Ensuring the all personnel is using the appropriate Personal Protective Equipment (PPE) as per the nature of job.

COCA COLA BEVERAGES PAKISTAN LIMITED (July 2013 to Feb 2016)



HSE Lead Facilitator

Responsibilities:

- Conduct HSE training of distributions including deliveryman, MDOs, KPO, DAs, supervisors and workers to enhance safe working culture across all distributions.
- Implement Distribution Compliance Criteria and prepare action plans and ensure timely execution and closure of corrective actions.
- Identify and help ensure safe working practices at distributions & on road transport system.
- Implement safety discipline across company's entire fleet and transport handling and logistic system.
- Supervise & Investigate incident and accident investigation by analyzing the root cause to place effective, efficient, corrective and preventive action
- Conducting HSE training to Distributions (Punjab & Sindh) and Plant
- Implementation and promote HSE Programs
- Conduct regular site safety inspection and follow-up actions.
- Record keeping of HSE Audits incidents and accident investigation records.
- Regular HSE inspection and follow-up actions.
- Ensure implementation of all aspects of KORE standards, HSE legal & regulatory compliance and maintain sustainability.

Jamisto Industrial Services Pakistan (March 2013 to April 2013)

HSE COORDINATOR

FATIMA FERTILIZER ANNUAL TA 2013

Dynamic Inspection Pakistan (Feb 2012 to March 2013)

HSE OFFICER

Electrical and Maintenance work at DHODAK GAS PLANT DG KHAN

Personal Details

- **Date of Birth** : 26th DEC 1987
- **Languages Known** : English, Urdu, Hindi,
- **Computer Literacy** : MS Office (Word, Excel, & Power point)
- **Nationality** : Pakistani
- **Passport No.** : FY5751461 (Valid Up to Oct 18th, 2032)